

Silence

It is difficult to decide what to write. The ideas that run through my mind do not seem so important as they once did. The new developments in my life are beyond the mind and difficult to put into words. I want to share this gift, but I am my only student. I want to describe the gift that is beyond description.

The best description I have is: the word Silence, the feeling Of Peace and the experience of detachment. I have found a place within myself that is detached from the noise of the mind and ego. The peace comes from my first rest from the chaos of chasing the mind and satisfying the ego's desperation. The silence is profound and complete. It needs nothing. When I am in it, I need nothing. I am profound and complete.

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