

I open myself to the world
I open all my senses
I awaken my body
I feel the love.
I live in a kind, loving and honest world.
I respond with patience, tolerance and love to all.
God keeps me safe.
I am a child of God
I am a work in progress
All things are as they should be
God's children guide me to him.
God works through me and guides me to be of service.
I love myself
I enjoy all the gifts this world has to offer.
I fear nothing.
I live in God's grace

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