

Cause and Effect

Whatever you experience in your life is really but the outpicturing of your own thoughts and beliefs. Now, you can change these thoughts and beliefs, and then the outer picture must change too. The outer picture cannot change until you change your thought. Your real heartfelt conviction is what you outpicture or demonstrate, not your mere pious opinions or formal assents.

Convictions cannot be adopted arbitrarily just because you want a healing. They are built up by the thoughts you think and the feelings you entertain day after day as you go through life. So, it is your habitual mental conduct that weaves the pattern of your destiny for you, and is not this just as it should be?

So no one else can keep you out of your kingdom - or put you into it either.

The story of your life is really the story of the relations between yourself and God

--Emmet Fox